

Refugee Mental Health and Addictions Fact Sheet for Service Providers



WINNIPEG

Mental Health & Addictions Services for REFUGEES

Emergency / Crisis

CHILDREN & YOUTH (Under 18) Emergency/Crisis Services	ADULT (18+) Emergency/Crisis Services
<ul style="list-style-type: none">• Call 911 for immediate mental health and/or addictions help or transport to Health Sciences Centre Children's Emergency Department for medical intervention• Macdonald Youth Services Youth Mobile Crisis Team and 24 hour Provincial Crisis Line 204-949-4777 or 1-888-383-2776• Manitoba Suicide Line 1-877-435-7170	<ul style="list-style-type: none">• Call 911 for immediate mental health and/or addictions help or transport to nearest hospital emergency department for medical intervention• Attend in person to WRHA Mental Health Crisis Response Centre, 817 Bannatyne Ave, Winnipeg• WRHA Adult Mental Health Mobile Crisis Services 204-940-1781• WRHA Mental Health Crisis Stabilization Unit 204-940-3633• Manitoba Suicide Line 1-877-435-7170• Clinic Crisis Line: 204-786-8686

Non-crisis

CHILDREN & YOUTH (Under 18) Non-Crisis Services	ADULT (18+) Non-Crisis Services
<ul style="list-style-type: none">• WRHA Child and Adolescent Mental Health Centralized Intake 204-958-9660<ul style="list-style-type: none">– Centralized Intake provides a central entry point into mental health services as well as facilitated redirection to Winnipeg community agencies.– Centralized Intake can provide consultation and support to service providers, including rural and northern service providers.• Provincial Central Intake – Youth Addictions Service 1-877-710-3999	<ul style="list-style-type: none">• WRHA Adult Community Mental Health Central Intake 204-788-8330<ul style="list-style-type: none">– Provides a central entry point to WRHA mental health services as well as facilitated redirection to community agencies.• WRHA Adult Mental Health Mobile Crisis Services 204-940-1781<ul style="list-style-type: none">– Mobile Crisis Services can provide mental health consultation and support to service providers. For consultation services, ask to speak with the Clinical Team Leader on duty.• Manitoba Addictions Information Line 1-855-662-6605

Note: Access to private psychology services may be available for children, youth and adults who are Syrian and/or other government sponsored refugees within their first year of moving to Canada provided they have a physician referral. For more information on this service, visit <http://www.cic.gc.ca/english/refugees/outside/arriving-healthcare.asp>.

RURAL AND NORTHERN MANITOBA

Mental Health & Addiction Services for REFUGEES

Emergency / Crisis

	CHILDREN & YOUTH (Under 18) Emergency/Crisis Services	ADULT (18+) Emergency/Crisis Services
All Rural & Northern Manitoba	<ul style="list-style-type: none"> • Call 911 for immediate mental health and/or addictions help or transport to nearest hospital emergency department for medical intervention • Macdonald Youth Services Youth Mobile Crisis Team and 24 hour Provincial Crisis Line 1-888-383-2776 <ul style="list-style-type: none"> – Staff can provide consultation and support to service providers, including rural and northern service providers. • Manitoba Suicide Line 1-877-435-7170 	<ul style="list-style-type: none"> • Call 911 for immediate mental health and/or addictions help or transport to nearest hospital emergency department for medical intervention • Manitoba Suicide Line 1-877-435-7170 • Klinik Crisis Line: 1-888-322-3019
Interlake Eastern Regional Health Authority (IERHA)	<ul style="list-style-type: none"> • 24 hour Mental Health Crisis Line 204-482-5419 or 1-866-427-8628 • Children and Adults Mental Health Mobile Crisis Service 204-482-5376 or 1-877-499-8770 	<ul style="list-style-type: none"> • 24 hour Mental Health Crisis Line 204-482-5419 or 1-866-427-8628 • Children and Adults Mental Health Mobile Crisis Service 204-482-5376 or 1-877-499-8770
Prairie Mountain Health	<ul style="list-style-type: none"> • 24 Hour Mental Health Crisis Line 204-578-2700 or 1-866-403-5459 • Child and Adolescent Treatment Centre (CATC) – Crisis Stabilization Unit 24 Hours 1-866-403-5459 1240 10th Street, Brandon, MB 	<ul style="list-style-type: none"> • South District Adult 24 hour Mental Health Crisis Line/Mobile Crisis Service 1-888-379-7699 or 204-725-4411 • North District Adult and Youth 24 hour Mental Health Crisis Line 1-866-332-3030
Northern Health	<ul style="list-style-type: none"> • Thompson Youth Mobile Crisis Team 204-778-1472 or 1-866-242-1571 Daily from 2:00 p.m. to 2:00 a.m. • Outside of Thompson, transport to the nearest Hospital Emergency Department 	<ul style="list-style-type: none"> • Transport to the nearest Hospital Emergency Department
Southern Health – Santé Sud	<ul style="list-style-type: none"> • Mental Health Crisis Team for Youth (15+ years) <ul style="list-style-type: none"> – East of Red River – 24 hour Mental Health Crisis Response Line 1-888-617-7715 – West of Red River – 24 hour Mental Health Crisis Response Line 1-866-588-1697 	<ul style="list-style-type: none"> • East of Red River – 24 hour Mental Health Crisis Line 1-888-617-7715 • West of Red River – 24 hour Mental Health Crisis Response Line 1-866-588-1697 • Mental Health Crisis Stabilization Unit 204-320-1096 or 1-855-320-1096 450 Main, Steinbach
Churchill	<ul style="list-style-type: none"> • Churchill – 24 hour Churchill Health Centre Contact Line: 204-675-8300 	

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Mental Health & Addiction Services for REFUGEES

Non-crisis

	CHILDREN & YOUTH (Under 18) Non-Crisis Services	ADULT (18+) Non-Crisis Services
All Rural & Northern Manitoba	<ul style="list-style-type: none"> Provincial Central Intake – Youth Addictions Service 1-877-710-3999 Manitoba Farm, Rural and Northern Support Services 1-866-367-3276 	<ul style="list-style-type: none"> Manitoba Addictions Information Line 1-855-662-6605 Manitoba Farm, Rural and Northern Support Services 1-866-367-3276
Interlake Eastern Regional Health Authority (IERHA)	<ul style="list-style-type: none"> Community Mental Health Intake – <i>All Ages</i> 204-785-7752 or 1-866-757-6205 	<ul style="list-style-type: none"> Community Mental Health Intake – <i>All Ages</i> 204-785-7752 or 1-866-757-6205
Prairie Mountain Health	<ul style="list-style-type: none"> South District Community Mental Health Intake Lines <ul style="list-style-type: none"> – Brandon and Area 1-866-403-5459 – Minnedosa/Neepawa 204-476-7836 – Virden 204-748-4346 – Carberry 204-834-8441 – Souris, Deloraine, Killarney and Boissevain 204-483-6224 – Russell, Shoal Lake, Birtle 204-842-3399 – Rivers, Hamiota, Erickson 204-328-6211 North District Community Mental Health Intake – <i>All Ages</i> <ul style="list-style-type: none"> – Dauphin and Area: 204-638-2118 – Swan River and Area: 204-734-6601 – Roblin: 204-937-2151 – Ste. Rose du Lac: 204-447-4080 	<ul style="list-style-type: none"> South District Community Mental Health Intake 1-855-222-6011 North District Community Mental Health Intake – <i>All Ages</i> <ul style="list-style-type: none"> – Dauphin and Area: 204-638-2118 – Swan River and Area: 204-734-6601 – Roblin: 204-937-2151 – Ste. Rose du Lac: 204-447-4080
Northern Health	<ul style="list-style-type: none"> Flin Flon Community Mental Health Intake: 204-687-1350 The Pas Community Mental Health Intake: 204-623-9650 Thompson Community Mental Health Intake: 204-677-5358 	
Southern Health – Santé Sud	<ul style="list-style-type: none"> Community Mental Health Intake: 1-866-310-4593 – <i>All Ages</i> 	
Churchill	<ul style="list-style-type: none"> Churchill – 24 hour Churchill Health Centre Contact Line: 204-675-8300 	

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There are a number of community agencies that provide support services to refugees in Winnipeg, rural and northern Manitoba. More information on these agencies can be found at:

- Manitoba Labour and Immigration's refugee settlement news and resource page includes information on education, general settlement, health, mental health, housing and safety. www.immigratemanitoba.com/syria/refugee-news-and-resources/
- Manitoba Immigrant and Refugee Settlement Sector Association (MIRSSA) includes a number of organizations that help newcomers, including refugees, settle in communities across Manitoba. Visit their online list of members to find a settlement service provider www.mirssa.org/members/
- Canadian Mental Health Association (CMHA) Mental Health Resource Guide includes a number of Winnipeg-based resources for mental health and addictions support <http://winnipeg.cmha.ca/our-services/information-and-referral/>
- Directory of Youth Addictions Services in Manitoba – www.gov.mb.ca/healthyliving/addictions/youth.html
- Directory of Adult Addictions Services in Manitoba – www.gov.mb.ca/healthyliving/addictions/adult.html

The following are additional Refugee Mental Health and Addictions Fact Sheets for Service Providers that complement this resource:

- Refugee Mental Health and Addictions Fact Sheet for Service Providers: Optimizing Well-being and Responding to Emotional Distress of Children and Youth
- Refugee Mental Health and Addictions Fact Sheet for Service Providers: Optimizing Well-being and Responding to Emotional Distress of Adults

For more information visit:

manitoba.ca/health/primarycare/providers/srh.html#mh

